

BSWH Diabetes Equity Project Protocol®

		Diabetes Health Promotion Scheduled Visits* (Adapted from CoDE™)							
		1	2	3	4	5	6	7	8+
		(day 1)	(7–14 days)	(6–8 weeks)	(3 months)	(6 months)	(9 months)	(12 months)	(quarterly)
Project	Activity								
	Review DEP patient "consent"	X							
Surveys	DQOL (CoDE™ version) / EQ-5D / NHIS General Health	X						X	
	Diabetes Knowledge Assessment/Perceived Competence	X						X	
	RSSM					X		X	
	PRPCC (administration details TBD)								X
	Patient Satisfaction (operational)	X	X	X	X	X	X	X	X
Health	Demographics/health history	X	X	X	X	X	X	X	X
History	Verify lipid profile within past 12 months	X							
	Verify eye exam in the last 12 months	X							
	Verify dental exam in the last 12 months	X							
	Verify physician foot exam in last 12 months	X							
Clinical	Routine Clinical Measures *	X	X	X	X	X	X	X	X
Measures	Test hemoglobin A1c	X			X	X	X	X	X
	Test blood glucose	X	X	X	X	X	X	X	X
	Test microalbumin		X						
	Print glucose monitor readings		X	X	X	X	X	X	X
Education	Basics of diabetes	X	#	#	#	#	#	#	#
	Hypoglycemia and hyperglycemia	X	#	#	#	#	#	#	#
	Sick day rules	X	#	#	#	#	#	#	#
	Provide meter/Glucose monitor training	X	#	#	#	#	#	#	#
	Food Diary instructions	X							
	Review medications	X	X	X	X	X	X	X	X
	Blood sugar targets	X	X	X	X	X	X	X	X
	Healthy eating		X	X	X	#	#	#	#
	Physical activity			X	X	#	#	#	#
	Diabetes complications				X	#	#	#	#
	Foot Care			X	#	#	#	#	#
	Healthy coping				X	#	#	#	#
	Smoking cessation and alcohol use				X	#	#	#	#
Action Items	Assist patient with med attainment	X	X	X	X	X	X	X	X
	Refer to appropriate community resources		X	X	X	X	X	X	X
	Review Food Diary		X						
	Notify PCP or refer for eye, dental, physician foot exams and flu vaccine.	X							
	Jointly set patient goal	X	X	X	X	X	X	X	X
	Follow up on previously set goal and referrals		X	X	X	X	X	X	X
	Schedule next visit	X	X	X	X	X	X	X	X
Documentation	Patient checklist	X	X	X	X	X	X	X	X
	Patient wallet card	X	X	X	X	X	X	X	X
	Visit Summary sent to PCP	X	X	X	X	X	X	X	X
	DiaWeb	X	X	X	X	X	X	X	X
* Routine clinical measures includes height (annually), weight, BMI, blood pressure, waist circumference , blood glucose, and foot screen .									
**The initial three visits are 60 minutes; quarterly assessments are 30 to 60 minutes .									
X indicates activity performed; # shows review if necessary.									
						Reviewed by J. Walton, DO and F. Ciarochi, MD			

