
PRE- VISIT

Reminder phone call 1 day before appointment – remind patient to bring their meter and medications!
Review DiaWEB & Centricity

PROJECT SURVEYS

Patient Satisfaction (after visit)

HEALTH HISTORY

Update self-care management and medications prn

CLINICAL MEASURES

Weight	Foot Exam
BMI	Blood Pressure
Glucose (patient demonstrates)	

EDUCATIONAL FOCUS

ADA Goals	Visit One topics prn
Healthy eating	

ACTION ITEMS

Set patient goals	Medication assistance prn
Community resource referral prn	

HANDOUTS/SUPPLIES

Living w/Diabetes	Favorite Foods
The Healthy Plate for Adults	Serving Size is in Your Hand
Losing Weight with Diabetes (if appropriate)	Diabetes and Healthy Eating
Food “Props” (models, plate, tennis ball, golf ball, etc.)	Daily Reminder
Stickers for med bottles pm	Counting Carbs (Novo Nordisk)
My Plate Planner	Sugar & Fat Tubes
Tips to Control Cholesterol and Diabetes	

VISIT WRAP-UP

Have patient complete satisfaction card	DiaWEB & Centricity Entries
Visit Summary to PCP (Non-HTPN)	