

PRE- VISIT

Reminder phone call 1 day before appointment – remind patient to bring their meter, food diary, and medications!
Pull up patient snapshot on DiaWeb and review paper chart.

PROJECT SURVEYS

Patient Satisfaction (after visit)

HEALTH HISTORY

Update self-care management and medications

CLINICAL MEASURES

Weight	Waist Circumference
BMI	Blood Pressure
Glucose (patient demonstrates)	Microalbumin
Foot Screen	

EDUCATIONAL FOCUS

Food Diary Review	Smart eating
ADA Goals	Visit One topics prn

ACTION ITEMS

Set patient goals	Medication assistance prn
Community resource referral prn	

HANDOUTS/SUPPLIES

Live your Life Booklet	Favorite Foods
The Healthy Plate for Adults	Serving Size is in Your Hand
ADA Goals	Diabetes and Healthy Eating
Losing Weight with Diabetes (if appropriate)	Daily Reminder
Food “Props” (models, plate, tennis ball, golf ball, etc.)	Plate Planner

VISIT WRAP-UP

Visit Two Instructions/Goals	Complete patient’s wallet card
Complete Visit Checklist	Have patient complete satisfaction card
DiaWEB entries	Patient may purchase glucose strips from clinic
Visit Summary to PCP	