

## Resources and Supports for Self-Management Measure

Name: \_\_\_\_\_

Date: \_\_\_\_\_

The following questions are about the Diabetes Health Promoter you usually see for diabetes.

**In the past three months, how often did...**

|  | Never          | Sometimes      | Usually        | Always         |
|--|----------------|----------------|----------------|----------------|
| 1) Your Diabetes Health Promoter ask about what's important to you when helping you manage your diabetes?    | <sup>1</sup> 0 | <sup>2</sup> 0 | <sup>3</sup> 0 | <sup>4</sup> 0 |
| 2) Your Diabetes Health Promoter help you set goals to take care of your diabetes?                           | <sup>1</sup> 0 | <sup>2</sup> 0 | <sup>3</sup> 0 | <sup>4</sup> 0 |
| 3) Your Diabetes Health Promoter teach you how to deal with stress or feeling sad?                           | <sup>1</sup> 0 | <sup>2</sup> 0 | <sup>3</sup> 0 | <sup>4</sup> 0 |
| 4) Your Diabetes Health Promoter teach you how to deal with problems that come up?                           | <sup>1</sup> 0 | <sup>2</sup> 0 | <sup>3</sup> 0 | <sup>4</sup> 0 |
| 5) You get the information you needed from your Diabetes Health Promoter?                                    | <sup>1</sup> 0 | <sup>2</sup> 0 | <sup>3</sup> 0 | <sup>4</sup> 0 |
| 6) How often did your Diabetes Health Promoter contact you to see how things are going between appointments? | <sup>1</sup> 0 | <sup>2</sup> 0 | <sup>3</sup> 0 | <sup>4</sup> 0 |